

AMA VK2

19 giugno, 2021
Alagna Valsesia, ITALIA



COVID19 SAFETY PROTOCOLS



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Start/finish line

- To access the start line, athletes must have their body temperature lower than 37.5°C.
- It is mandatory to wear a face mask (surgical or FFP2) for the first 500m and after the finish line
- The face mask must be carried and worn in the cable car in case of withdrawal

Aid stations

- Aid-stations are organized with self-service single-dose containers

Read the [full COVID19 protocol](#)

PROGRAMME



FRIDAY JUNE 18

- **10.00/18.00** bib collection (Palazzetto dello sport)

SATURDAY JUNE 19

- **6.00-7.30** last bib collection (Palazzetto dello sport)
- **8.00 AMA VK2 start**
- **9.45** first athletes arrival at Indren
- **11.30** award ceremony (finish line)
- **15.00** official award ceremony (TBC)

AMA VK2

THE COURSE



AMA VK2

THE COURSE



- **9 km with 2.000m vertical climb**
- The course follows the cable car track from **Alagna, 1,200m**, to **Indren Station, 3,260m**
- It goes over **morain, ridges** and **snow fields**

CUT OFF TIMES

- **2h30' Bocchetta delle Pisse**
- **4h30' Stazione Indren**

AMA VK2



THE COURSE

Distance 9 km

Vertical climb 2,086m +

 CHECK POINT & AID STATION

Bocchetta delle Pisse - 2,396m

EQUIPMENT

- **trail running shoes with snow gaiter** (snow gaiter may be separated)
- **thermal socks**
- **long tights** (or SkiAlp suit)
- **long sleeved technical top** (or SkiAlp suit)
- **windproof vest or jacket with hood**
- **sun glasses**
- **gloves**
- **head gear**
- **micro crampons**
- **re-usable glass (for aid stations)**





TRAIL RUNNING SHOES



SHOES WITH SNOW GAITER

(separated or incorporated snow gaiter)



SKY ALP SUIT or
LONG TIGHTS AND LONG SLEEVED TECHNICAL TOP



WINDPROOF VEST OR JACKET WITH HOOD



MICRO CRAMPONS

with at least 12 metal spikes distributed between toe and heel

(compulsory from Indren)

AID STATIONS

- Bocchetta delle Pisse (2,396m)
- (CP1) Indren cable car station (3,260m)

Aid-stations are organized with self-service single-dose containers

Due to COVID, no external assistance is allowed.



WITHDRAWAL



In case of withdrawal or cut off time athletes must:

- Inform the nearest check point on the course communicating bib number
- NEVER go out of the race course, keeping the bib visible. Reach the nearest cable car station to return to Alagna
- Show the bib to the cable car personnel to access the cable car. Wear face mask
- Go to chrono tent at finish line and return the bib

Thank you for
reading!

June 19, 2021
Alagna Valsesia, ITALY

